



Senior Health Plan SPECIALISTS • INC

Presents in collaboration with



ALZHEIMER'S AND DEMENTIA CAREGIVER SUPPORT GROUP MEETING

At Senior Health Plan Specialists, we understand the challenges and difficulties that the caregiver takes on when a loved one has been diagnosed with Alzheimer's disease or dementia. The support group is open to anyone in the community who is a caregiver, family member, or friend who would like assistance with coping skills, sharing experiences, and gathering information on care and community resources.



Please Join Us On

Tuesday March 12, 2019

**Meetings will then be held on the second Tuesday of each month from
10:00 AM to 12:00 PM. St. Gerard Majella Church
300 Terryville Rd., Port Jefferson Station, NY 11776**

Adele Horbatiuk from Concept of Independence 10:00-11:00

Support Group to follow

If you need home care services and would like to hire a family member, neighbor, or friend to provide your care, you may be interested in learning more about the Consumer Directed program

For more information, or to RSVP, please contact Grace at
(631) 559-7500 or grace@seniorhealthplanspecialists.com

Day Haven Adult Services is offering professional care during support group meetings; however, reservations must be made 48 hours in advance. Please call ahead if you will need care for your loved one. (631)476-9698 x213