



Senior Health Plan SPECIALISTS • INC

Presents in collaboration with



ALZHEIMER'S AND DEMENTIA CAREGIVER SUPPORT GROUP MEETING

At Senior Health Plan Specialists, we understand the challenges and difficulties that the caregiver takes on when a loved one has been diagnosed with Alzheimer's disease or dementia. The support group is open to anyone in the community who is a caregiver, family member, or friend who would like assistance with coping skills, sharing experiences, and gathering information on care and community resources.



Please Join Us On

Tuesday April 09, 2019

**Meetings will then be held on the second Tuesday of each month from
10:00 AM to 12:00 PM. St. Gerard Majella Church
300 Terryville Rd., Port Jefferson Station, NY 11776**

Lori Maldavir of Day Haven 10:00-11:00 Support Group to follow

Day Haven is a social model adult day program serving frail older adults and individuals with Alzheimer's disease/ related dementia

For more information, or to RSVP, please contact Grace at
(631) 559-7500 or grace@seniorhealthplanspecialists.com

Day Haven Adult Services is offering professional care during support group meetings; however, reservations must be made 48 hours in advance. Please call ahead if you will need care for your loved one. (631)476-9698 x213